## **LUCKY CAT CREATIONS**

# **COOL-SEASON VEGETABLE PLANTING GUIDE (ZONE 9B)**

This guide focuses on cool-season planting for Zone 9b. Ideal months include late fall through winter, when temperatures support leafy greens, root crops, herbs, and brassicas. Below is a detailed breakdown of which crops can be sown directly from seed versus transplanted, plus recommended companion plants and grouping ideas.

Vegetable	Sow from Seed	Transplant	Companion Plants / Groupings
Lettuce	✓ Direct Sow	1	Carrots, radishes, onions. Avoid near fennel.
Spinach	✓ Direct Sow		Strawberries, peas, radishes. Likes partial shade.
Kale	✓ Direct Sow	1	Onions, garlic, herbs. Avoid cabbage moth attractants.
Swiss Chard	✓ Direct Sow	✓	Beets, carrots, dill. Great center plant in mixed pots.
Carrots	✓ Direct Sow		Lettuce, chives, radishes. Needs deep loose soil.
Radishes	✓ Direct Sow		Lettuce, carrots. Fast-maturing filler.
Arugula	✓ Direct Sow		Beets, onions. Partial shade tolerant.
Beets	✓ Direct Sow		Chard, onions, lettuce. Keep soil evenly moist.
Broccoli		1	Spinach underplanting, celery, onions. Needs fertilizer.
Cauliflower		1	Peas, onions. Avoid heat pockets.
Cabbage		1	Onions, thyme. Inspect for cabbage worms.
Garlic	✓ Cloves		Carrots, lettuce at edges. Pest deterrent.
Green Onions	✓ Direct Sow		Lettuce, carrots, chard. Easy edging plant.

#### **CONTAINER & BED GROUPINGS**

Suggested groupings for small spaces and raised beds: • Lettuce + Radishes + Carrots (succession planting) • Swiss Chard (center) + Green Onions (edges) + Cilantro or Parsley • Broccoli + Spinach underplanting • Beets + Chard + Dill • Cabbage + Thyme + Green Onions • Garlic along bed edges + Lettuce in front + Kale behind

## **PLANTING NOTES**

• Use shade cloth on very warm days. • Fertilize lightly every 2–3 weeks. • Mulch to retain moisture and reduce weeds. • Watch for aphids & whiteflies. • Succession sow leafy greens every 2–3 weeks.

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